

Spirit of Life, Spirit of Love,  
Our hearts may be full of joy.  
We may be faced with difficult choices.  
Our hearts may be troubled.  
We may be in pain.  
Let us pause to speak the names of those we love and care for, the  
sick, the troubled, and those who have left us.

.....

As we rejoice this day with our children and youth, our graduate,  
and their mentors,  
Our hopes and dreams and prayers are with you,  
As you continue to grow in heart and mind and spirit,  
Remember that this is a community of all ages,  
And that the community of All Souls has covenanted to support  
you in your journeys.  
Let us all open ourselves to growth.  
Let us all open ourselves to change.  
Let us open ourselves to transition to new ways of thinking and  
feeling and doing, knowing that this community of love and  
compassion is here for each and everyone one of us.

Let us pause for **Silent Meditation**